



Abbotsford Hospice
& Grief Support Society

SPRING & SUMMER 2026

Adult Programs & Services



Walk with Grief

This group provides a supportive outdoor setting to move at your own pace while connecting and reflecting with others who understand grief, Wednesday mornings from **9:30–10:30 AM, June 17–August 12th**.

Group meets at Mill Lake Park.

Register by email at: info@abbotsfordhospice.org.



Music Therapy Workshop

Join us for a one-night music therapy workshop for current and former Abbotsford Hospice clients on **Thursday, June 25, 2026**, from 6:30–8:00 PM in the **Dogwood Theatre**, exploring how music can support grief expression. Hosted by Registered music therapist **Ryan Vermeer**; space is limited to 18 participants and registration is required.

To secure your spot, please register by scanning the QR code below.



Our programs and services are offered at no cost to our community.

To support your well-being, participation requires completion of a brief intake appointment to ensure that the group is an appropriate fit or to explore one-to-one grief support if needed.



For more information and for start dates, please register by

Email: info@abbotsfordhospice.org

Phone: 604-852-2456

www.abbotsfordhospice.org