



Abbotsford Hospice  
& Grief Support Society

# Spring Programs & Services

## **One to One Grief Support**

Offered ongoing throughout the year. One to one support is with a trained, supportive companion (non-counselling services).

## **Anticipatory Grief Support**

Offered ongoing throughout the year. Anticipatory grief support is offered for Holmberg House residents and PCCU patients along with their loved ones.

## **Coffee Drop-in Groups for Bereavement Support**

Ongoing each week - Thursdays at 9am and Mondays at 6:30pm at Holmberg House, AHGSS

## **Walking Grief Support Group**

Starting June 25 - August 20 on Wednesdays 9:30am-10:30am at Mill Lake Park.

## **Compassionate Friends Group**

For those grieving the death of a child. This group meets the first Thursday of each month from 7:30pm-9:30pm at Holmberg House, AHGSS.

## **Children's Day Camps and Equine Therapy Camps**

Offered throughout the year - many of which offered in the Spring and Summer months. For friends and families of AHGSS.

Please email [info@abbotsfordhospice.org](mailto:info@abbotsfordhospice.org) to inquire and learn more about these healing programs.

**For more info and to register**  
**email: [info@abbotsfordhospice.org](mailto:info@abbotsfordhospice.org)**  
**phone: 604-852-2456**  
**[www.abbotsfordhospice.org](http://www.abbotsfordhospice.org)**



Scan to visit our website



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# Spring Training & Education



## Teen Peer Grief Support Group

If you are a youth grades 11-12 and have a heart for working with bereaved children, youth, and families, sign up today to become a volunteer with the Children and Family Services Program. April group is now full - our next group starts October 2025. Register on our website: [www.abbotsfordhospice.org/youthvolunteer](http://www.abbotsfordhospice.org/youthvolunteer)



## Grief & Loss Support Training Course

Make a difference in the community! \*Formerly called Volunteer Training Course\* This group for adults runs Tuesdays from **April 22nd - June 24th** from 6pm-9pm. Our April group is currently full - our next course starts September 2025. This 10 week in-person training course will provide you with the opportunity to understand the role of volunteers in a hospice palliative care facility. [www.abbotsfordhospice.org/adultvolunteer](http://www.abbotsfordhospice.org/adultvolunteer)



## Wills & Estate Planning Seminar

**April 16, 23, 30th** 6:00pm-7:30pm at Holmberg House. Take control of your legacy and join us for this 3-part series with expert guidance to plan your future. Registration required - please scan QR code. Offered at no-cost to our community. [www.abbotsfordhospice.org/estateplanning](http://www.abbotsfordhospice.org/estateplanning)



## Online Grief Support Course

A 30 hour training and guided learning course for personal and professional development. Limited spaces available. Completion certificate issued. Register at: [www.abbotsfordhospice.org/education](http://www.abbotsfordhospice.org/education)

**For more info and to register**  
email: [info@abbotsfordhospice.org](mailto:info@abbotsfordhospice.org)  
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