

ADULT GRIEF SUPPORT SERVICES

2024



Abbotsford Hospice
& Grief Support Society



MORNING COFFEE SUPPORT GROUP

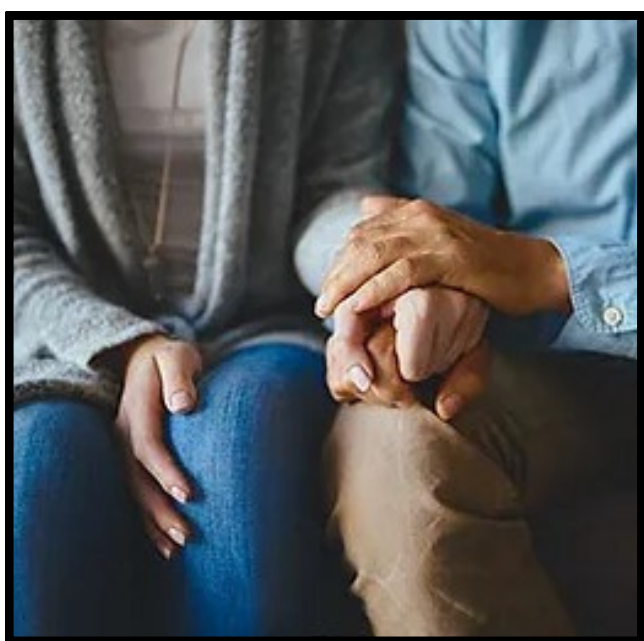
Join our drop-in Coffee Break for Bereavement Support Group.

Thursday mornings 9:00am-11:00am

EVENING COFFEE SUPPORT GROUP

Join our drop-in Coffee Break for Bereavement Support Group.

Monday evenings 6:30pm-8:00pm



ONE TO ONE GRIEF SUPPORT

Individual grief support with a trained, supportive companion (non-counselling services).



ANTICIPATORY GRIEF SUPPORT GROUP

This group is for Holmberg House residents and PCCU patients and their loved ones who are going through anticipatory grief.



ONLINE
GRIEF
SUPPORT
COURSE

ONLINE GRIEF SUPPORT COURSE

A 30 hour training/guided learning course in partnership with UFV.
For personal and/or professional development.

www.abbotsfordhospice.org/education

Registration required.

FOR ALL INQUIRIES - PLEASE CALL (604)-852-2456
OR EMAIL INFO@ABBOTSFORDHOSPICE.ORG

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UNDERSTANDING YOUR GRIEF

Join our 8 week support group for adults who are grieving the death of a loved one.

Starting May 14, 2024 - Tuesday evenings 6:30pm-8:00pm.



PUNJABI SPEAKING GRIEF SUPPORT GROUP

A linguistically safe and supportive group for Punjabi speaking members of our community.

Starting Fall 2024.

Please email Charanpreet@abbotsfordhospice.org for inquiries.



INFANT LOSS GRIEF SUPPORT GROUP

A group that provides support for individuals who have experienced a pregnancy or infant loss.

Starting April 2nd, 2024 - Group meets every second Tuesday at 7pm.



GRIEVING WIVES SUPPORT GROUP

This grief support group is for women who are grieving the death of their spouse or partner.

Starting Fall 2024.

Please email info@abbotsfordhospice.org for inquiries.



Scan to visit our website

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